



Needed: Riders and Volunteers!

When: August 17 –21, 2015

Where: Frank Southern Ice Arena, 2100 S. Henderson St., Bloomington

Bike Program: iCan Shine is a nonprofit organization that teaches individuals with disabilities to ride a conventional two-wheel bicycle through its iCan Bike program.

Rider Requirements (limited spots available):

- Must have a disability
- Must be at least 8 years old by start of camp
- Must be able to walk without an assistive device and sidestep to both sides
- Must be able to attend the same 75-minute session each day of the 5-day camp
- Must be under 220 lbs. and have a minimum inseam measurement of 20" (measure from floor with sneakers on)

Volunteer Requirements:

- At least 16 years old (unless accompanied by an adult)
- Able to attend 90 minutes at the same time each of the 5 days of camp (15 minutes of training/daily debriefing)
- Able to provide physical, emotional and motivational support to assigned rider
- Able and willing to get some exercise (light jogging/running) for a great cause!

Interested in registering for this great program as a rider or volunteer?

For more camp information: <http://icanbikebloomington.org>

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Questions? E-mail us at icanbikebloomington@gmail.com.